



3rd Annual Student Conference for Integrative Medicine, 2015
Saturday, February 28, 9AM-5PM
Ronald Reagan Medical Center, Tamkin Auditorium (B-130)

Program

- 8:00 AM – 9:00 AM **Breakfast & Check-In**
B-Level Lobby
- 9:00 AM – 9:15 AM **Opening Remarks**
Tamkin Auditorium B-130
- 9:15 AM – 10:05 AM **“Healing Humankind One Patient at a Time”**
Tamkin Auditorium B-130
- David T. Feinberg, MD, MBA, President of UCLA Health System, CEO of UCLA Hospital System, and Associate Vice Chancellor of UCLA Health Sciences
- 10:05 AM – 10:20 AM *Rotate to next workshop*
- 10:20 AM – 11:10 AM **Session 1: The Philosophy of Healing: Whole Medical Systems in Integrative Medicine**
- *“Osteopathy: Restoring Natural Balance within the Body,” Tamkin Auditorium B-130*
Payam Hakimi, DO, ABFP, Body of Harmony: Institute of Health & Healing
 - *“Ayurveda in Disease Management,” Room B-124A&B*
Rammohan Rao, PhD, CAS, RYT, The Buck Institute
 - *“An Overview of Chinese Medicine and Its Application in Integrative Health and Healing,” Room B-120*
Lan Kao, LAc, Dipl. Ac. & C.H., UCLA Center for East West Medicine
- 11:10 AM – 11:20 AM *Rotate to next workshop*
- 11:20 AM – 12:10 PM **Session 2: Is Your Mind and Body In Harmony? : Mind-Body Therapies in Integrative Medicine**
- *“The Use of Tai Chi and Yoga for Treatment and Prevention of Mood and Cognitive Disorders of Aging,” Tamkin Auditorium B-130*
Helen Lavretsky, MD, UCLA Semel Institute for Neuroscience and Human Behavior
 - *“The Basics of Mindfulness for Self-Care and Stress Management,” Room B-124A&B*
Marvin G. Belzer, PhD, UCLA Mindful Awareness Research Center
- 12:10 PM – 1:10 PM **Lunch**
- Informal networking with Dr. Ka-Kit Hui and speakers
 - Tabling: Laura Sharpe, Founder of Artists for Trauma

1:10 PM – 1:15 PM

Rotate to next workshop

1:15 PM – 2:05 PM

Session #3: But is it All a Pipe Dream? Finding Integrative Medicine in Clinical Care and Research

- “Say Hello to Your Little Friends: How Gut Bacteria Impact Human Health,”
Tamkin Auditorium B-130
Sarkis Mazmanian, PhD, California Institute of Technology
- “Clinical Integrative Medicine -- Experiences from Outpatient and Inpatient Settings at the UCLA Center for East-West Medicine,” *Room B-124A&B*
Andrew Shubov, MD, UCLA Center for East West Medicine
- “Research In Chinese Medicine: Quantitative & Qualitative Approaches,”
Room B-120
Sonya Pritzker, LAc, PhD, UCLA Center for East-West Medicine

2:05 PM – 2:15 PM

Rotate to next workshop

2:15 PM – 3:05 PM

“All Roads Lead to Integrative Medicine: Professional Panel”

Tamkin Auditorium B-130

- Bobby Nourani, DO, Osteopathic Physician, Vital Osteopathy
- Zhaoping Li, MD, PhD, Professor of Medicine and Chief of the Division of Clinical Nutrition, UCLA David Geffen School of Medicine
- Justin Laube, MD, Primary Care East-West Fellow, UCLA Center for East West Medicine
- Dawn M. Upchurch, PhD, LAc, Professor, Department of Community Health Sciences, UCLA Fielding School of Public Health

3:05 PM – 3:40 PM

Break & Light Refreshments

3:40 PM – 3:55 PM

Return to auditorium

3:55 PM – 4: 45 PM

“How the World Can Benefit from an Innovative Integrative Health Model”

Tamkin Auditorium B-130

- [Ka-Kit Hui, MD, FACP](#), Professor and Director of the UCLA Center for East-West Medicine, Chair of the Collaborative Centers of Integrative Medicine

4:45 PM – 5:00 PM

Closing Remarks & Raffle

Tamkin Auditorium B-130